



Nutrition Profile of Clementines from Spain

- Clementines from Spain are a good source of vitamin C, folate, fiber and potassium.
- One medium Clementine contains only about 50 calories and is almost fat free – a smart, nutrient-packed snack for calorie watchers.
- Clementines from Spain are a tasty and convenient way to boost your intake of antioxidants.
- Instead of typical holiday treats, Clementines from Spain are a sweet alternative loaded with nutrients.

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For more information, visit www.clementinesfromspain.com.

High-res images available upon request.

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